





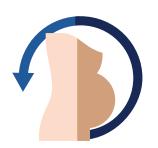
women's health

Gestational Diabetes (GDM) Screening Guidelines

GDM is diabetes diagnosed in the second or third trimester in those who did not have diabetes before pregnancy.



If you don't have diabetes before your pregnancy, you should be screened for GDM at 24 to 28 weeks of pregnancy.



If you have GDM during your pregnancy, you should be screened 4 to 12 weeks after delivery for prediabetes or type 2 diabetes.



If you've had GDM before, you should be screened for type 2 diabetes **every 1 to 3 years**.