## **Blood Glucose Log**

Week of \_\_\_\_\_











DAY	MEAL			MEAL			MEAL			SNACK/ OTHER	BED	
	4	¥		6	¥		6	Ĭ		4		
Mon												
TIME												
Notes:												
Tues												
TIME												
Notes:												
Wed												
TIME												
Notes:												
Thurs												
TIME												
Notes:												
Fri												
TIME												
Notes:												
Sat												
TIME												
Notes:												
Sun												
TIME												
Notes:												

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